

**Mr Nima Heidari**  
MBBS, MRCS (Eng), MSc, FRCS (Trauma & Orth)  
**Consultant Foot, Ankle and Limb Reconstruction Surgeon**

The London Independent Hospital  
1 Beaumont Square  
London  
E1 4NL

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Ref: NH/JB  
EMPI: 17882128

Dr Dutta  
The Valkyrie Surgery  
Valkyrie Road P.C.C  
50 Valkyrie Road  
Westcliffe-On-Sea  
Essex  
SS0 8BU

Clinic date: 24 September 2015

Dear Dr Dutta,

Re: Miss Elizabeth Perloff, 12/1/66, Flat 1, 49 Ditton Court Road, Westcliff-On-Sea, Essex, SS0 7HF

**Diagnosis:**

1. Posttraumatic arthritis of right talonavicular joint.

**Summary of Treatment Plan:**

1. Radiographs of the right foot and ankle.
2. MRI scan of the right foot and ankle.
3. Review after the above investigations and possibly plan for image guided injection to the talonavicular joint.

Many thanks for referring this lady whom I reviewed in my clinic today. She describes sustaining a dislocation of her talonavicular and the subtalar joints, which occurred some years ago when she fell down a flight of stairs. She was immediately seen in casualty and a few days later was taken to the operating theatre for manipulation under anesthesia and stabilisation of the talonavicular joint with transarticular K-wires. She remained in a plaster with K-wires in situ for six weeks and gradually rehabilitated following this. The foot has never been quite right since this injury. Currently the main problem is restriction in the movement of the ankle and the foot and difficulties with uneven ground.

On clinical examination she stands with good alignment of both of her lower limbs. The medial arch on the right side is somewhat reduced compared to the contralateral side. She has good range of movement in her subtalar and the midfoot joints but they are reduced compared to the contralateral side and she has a slightly positive grind test at the talonavicular joint on the right. Also the range of dorsiflexion of the right ankle is reduced compared to the contralateral side.

Radiographs taken today demonstrate that there is loss of joint space within the talonavicular joint. Reviewing her original x-rays at the time of the injury, which she fortunately had with her demonstrate that she had a dislocation of her subtalar joint as well as the talonavicular joint at the time of this injury.

I have sent this lady to have an MRI scan of her foot and ankle in order to assess the articular cartilage of her talonavicular and the subtalar joints. This will also allow us to assess if there is any other pathology around her foot and ankle. The next stage will be to find the pain generator in her mid and hindfoot and she may require selective injections into either the subtalar or the talonavicular joints under image guidance in order to then guide and inform further treatment plan.

With best wishes,

Yours sincerely,

*Dictated but not signed*

**Mr Nima Heidari MBBS, MRCS (Eng), MSc, FRCS (Trauma & Orth)  
Consultant Foot, Ankle & Limb Reconstruction Surgeon  
The Royal London Limb Reconstruction Service  
St Bartholomew's and Royal London Hospital  
Barts Health NHS Trust**

c.c. Miss Elizabeth Perloff  
Flat 1, 49 Ditton Court Road  
Westcliff-On-Sea  
Essex  
SS0 7HF

Heidari-Khabbaz Nima Mr,  
BMI - The London Independent Hospital  
1 Beaumont Square  
London  
Greater London  
E1 4NL

Patient: Miss Elizabeth Perloff (12/01/1966)  
Address: 6 Barrier Point Road, London, E16 2SB  
Hospital No: 17882128 CRIS No: 3405483  
Referring clinician: Heidari-Khabbaz Nima Mr

Date of examination: 24/09/15  
XR Ankle Rt :

**REPORT**

**XR Ankle Rt: (reported 24/09/15)**

There is degenerative change of the talonavicular joint with osteophytic lipping noted superiorly and joint space narrowing and subarticular sclerosis.

No other significant bone or joint abnormality seen.

There is an straightening noted.

There is quite pronounced periarticular osteopenia of the ankle

Reporting clinician: Dr O Chan (Consultant Radiologist)  
Verified by: Dr O Chan (24/09/15)

Printed on: 24/02/16 16:04

Heidari-Khabbaz Nima Mr,  
BMI - The London Independent Hospital  
1 Beaumont Square  
London  
Greater London  
E1 4NL

**Patient:** Miss Elizabeth Perloff (12/01/1966)  
**Address:** 6 Barrier Point Road, London, E16 2SB  
**Hospital No:** 17882128 **CRIS No:** 3405483  
**Referring clinician:** Heidari-Khabbaz Nima Mr

**Date of examination:** 24/09/15  
**XR Foot Rt :**

**REPORT**

**XR Foot Rt:** (reported 24/09/15)  
Very mild hallux valgus deformity with minimal degenerative change.  
Generalised bony demineralisation noted.  
No other significant bone or joint abnormality seen

**Reporting clinician:** Dr O Chan (Consultant Radiologist)  
**Verified by:** Dr O Chan (24/09/15)

Printed on: 24/02/16 16:04

Heidari-Khabbaz Nima Mr,  
BMI Healthcare (Confidential)  
Attn: Legal Department  
BMI Healthcare House  
3 Paris Gardens  
Southwark  
London  
SE1 8ND

Patient: Miss Elizabeth Perloff (12/01/1966)  
Address: 6 Barrier Point Road, London, E16 2SB  
Hospital No: 17882128 CRIS No: 3405483  
Referring clinician: Heidari-Khabbaz Nima Mr

Date of examination: 03/10/15

**REPORT**

MRI Ankle Rt: (reported 07/10/15)  
Radiology Report  
Report Date: 06/10/2015 21:19  
Patient Name: PERLOFF ELIZABETH  
D.O.B: 12/01/1966  
NHS No. /Unique Identifier: 17882128  
Referring Hospital: LONDON INDEPENDENT HOSPITAL

Date:3/10/2015

Title: MRI right foot and ankle

Clinical Indication: Previous dislocation.

**Findings:**

There is moderate talonavicular and mild naviculomedial cuneiform osteoarthritis. No other significant bony abnormalities are seen. The plantar fascia and Achilles tendons are normal. The tendons of the anterior, medial and peroneal compartments are normal. The ankle ligaments are intact.

Conclusion: Osteoarthritis as described.

2Z: extended two body part scan.

Reporting Consultant:  
Sukhdev Singh - GMC 4621038

London Independent Hospital  
1 Beaumont Square  
Stepney Green  
London  
E1 4NL

***The London Independent Hospital***

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**Patient:** Miss Elizabeth Perloff

**Exams:** MRI Ankle Rt

**Exam Date:** 03/10/15

**Hosp No:** 17882128

**DOB:** 12/01/1966

Consultant Radiologist  
4 Ways Healthcare

If you have any queries regarding this report, please contact Helpline: 08716412104

**Reporting clinician:** 4-Ways Healthcare Radiologist (External Reporting Group)

**Verified by:** 4-Ways Healthcare Radiologist (07/10/15)

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